

# CPR Classes

## CPR Classes

The Greater Round Lake Fire Protection District is an AHA (American Heart Association) authorized provider of CPR. We offer 3 types of CPR classes that are open to the public. Below you will find information about each class offered.

### Heartsaver CPR/AED

This class is designed for any persons wanting to learn CPR and the use of an AED (Automated External Defibrillator). The following is a list of topics and skills covered in this class.

- Chain of Survival – Adult & Child/Infant
- CPR (Cardiopulmonary Resuscitation) – Adult, Child, & Infant
- Delivering Breaths – Barrier & Mask
- AED (Automated External Defibrillator) use
- Choking – Adult & Infant

Class time is approximately 2 hours

Cost for class: Resident \$35 / Non-Resident \$45

### Heartsaver CPR/AED w/ First Aid

This class is designed for any persons wanting to learn CPR, the use of an AED (Automated External Defibrillator) and basic First Aid. The following is a list of topics and skills covered in this class.

- Chain of Survival – Adult & Child/Infant
- CPR (Cardiopulmonary Resuscitation) – Adult, Child, & Infant
- Delivering Breaths – Barrier & Mask
- AED (Automated External Defibrillator) use
- Choking – Adult & Infant
- Key Steps to First Aid



- PPE (Personal Protective Equipment)
- Medical Emergencies
- Injuries / Trauma
- Tourniquet use
- Epi Pen use
- Inhaler use

Class time is approximately 4 hours

Cost for class: Resident \$45 / Non-Resident \$55

## **BLS CPR for Healthcare Providers**

This class is designed for Healthcare Providers Only to provide basic life support while providing care in both pre-hospital and in-facility. The following is a list of topics and skills covered in this class.

- Chain of Survival – Adult & Child/Infant – Prehospital / In Facility
- CPR (Cardiopulmonary Resuscitation) – Adult, Child, & Infant
- 1 rescuer and 2 rescuer CPR
- Team Dynamics
- Delivering Breaths – Barrier, Mask, & BVM
- Rescue Breathing
- AED (Automated External Defibrillator) use
- Choking – Adult & Infant

Class time is approximately 4 hours

Cost for class: Resident \$45 / Non-Resident \$55

If you are interested in a CPR class for yourself or your organization, contact Fire Prevention Officer bmhill [at] rlfire.org (**Bruce M. Hill**).